



Personality Development Wisdom

TOP RESOURCE REPORT



Master the Art of Becoming
the Best Version of **Youself**
for **Ultimate Success & Growth!**



- ✓ https://www.youtube.com/watch?v=HlJxlg68o_M
- ✓ <https://www.youtube.com/watch?v=aYCBdZLCDBQ>
- ✓ <https://www.youtube.com/watch?v=TZy945CoYUM>
- ✓ <https://www.youtube.com/watch?v=jgbzplEfKhY>
- ✓ <https://www.youtube.com/watch?v=LoLTiqs6JcY>
- ✓ https://www.youtube.com/watch?v=UPcLkAqS_GE
- ✓ <https://www.youtube.com/watch?v=GUtEeWPW37c>
- ✓ <https://www.youtube.com/watch?v=j6oVfQkaVaM>
- ✓ <https://www.youtube.com/watch?v=HANw168huqA>

Tools

- ✓ <https://www.thetoolsbook.com/blog/2017/7/9/5-steps-to-overcome-fear>
- ✓ http://www.youareenergy.com/personal_energy.html
- ✓ <http://www.opportunitydesk.org/2018/01/04/10-tips-to-having-a-productive-day/>
- ✓ <https://www.garyvaynerchuk.com/how-to-overcome-failure/>
- ✓ <https://medium.com/thrive-global/8-ways-to-improve-your-work-life-balance-af479e5d1ea6>
- ✓ <https://www.oxbridgeacademy.edu.za/blog/5-reasons-soft-skills-important-ever/>
- ✓ <https://sheleadsafrica.org/improve-life-positive-thinking/>
- ✓ <https://www.lifehack.org/articles/communication/the-17-secrets-improve-body-language.html>
- ✓ <https://www.themuse.com/advice/3-steps-to-becoming-a-better-version-of-yourself>

Training

- ✓ <https://unacademy.com/lesson/personality-development-overview/I8M4JCOB>
- ✓ https://www.briantracy.com/personal_development/
- ✓ <https://www.wikihow.com/Overcome-Procrastination-Using-Self-Talk>



- ✓ <https://www.psychologytoday.com/us/blog/women-s-mental-health-matters/201509/7-ways-deal-negative-thoughts>
- ✓ <https://abcnews.go.com/Health/Wellness/14-bad-habits-drain-energy/story?id=24032270>
- ✓ <https://www.skillsyouneed.com/ps/stress-tips.html>
- ✓ <https://upliftconnect.com/dealing-with-difficult-people/>
- ✓ <https://www.bustle.com/articles/122880-how-to-deal-with-a-failure-at-work-7-ways-to-bounce-back>
- ✓ <https://www.michaelpage.com.au/advice/career-advice/work-life-balance/how-maintain-work-life-balance>

Blogs

- ✓ <https://www.psychologytoday.com/us/blog/communication-success/201309/ten-keys-handling-unreasonable-difficult-people>
- ✓ <https://www.entrepreneur.com/article/235427>
- ✓ <https://addicted2success.com/success-advice/positivity-self-ownership-your-1-factor-for-success/>
- ✓ <https://jamesclear.com/procrastination#Why%20Do%20We%20Procrastinate?>
- ✓ <https://www.success.com/how-to-believe-in-yourself-when-it-feels-like-no-one-else-does/>
- ✓ <https://markmanson.net/how-to-let-go>
- ✓ <https://michaelhyatt.com/commitments-and-influence/>
- ✓ <https://www.robinsharma.com/article/how-to-fireproof-your-productivity>
- ✓ <https://zenhabits.net/falling/>

Forums

- ✓ <https://www.personal-development.com/community/threads/what-is-personal-development.36/>
- ✓ <http://thepersonaldevelopmentforum.com/general-discussion/tips-to-boost-your-self-confidence/>
- ✓ <http://mihsislander.org/2016/04/procrastination/>
- ✓ <https://www.personal-development.com/community/threads/stay-positive-always-no-matter-what.8861/>



- ✓ <http://corwin-connect.com/2017/01/5-mindset-lessons-best-selves/>
- ✓ <https://www.dotcominfoaway.com/5-effective-techniques-for-self-motivation/>
- ✓ <https://www.personal-development.com/community/threads/discover-3-simple-strategies-how-to-overcome-fear.8845/>
- ✓ <https://www.waterlogicaustralia.com.au/blog/five-tips-to-improve-workplace-wellness/>
- ✓ https://www.mindtools.com/pages/article/newCDV_34.htm

Infographics

- ✓ <https://justworks.com/blog/15-ways-promote-workplace-wellness-budget-infographic>
- ✓ <https://www.workfront.com/resources/work-life-imbalance>
- ✓ <https://www.professionalacademy.com/blogs-and-advice/creating-a-personal-development-plan-infographic>
- ✓ <https://elearninginfographics.com/22-ways-to-improve-your-communication-skills-infographic/>
- ✓ <https://personalexcellence.co/blog/failure-infographic/>
- ✓ <https://www.entrepreneur.com/article/302179>
- ✓ <https://louisem.com/173232/how-to-be-productive>
- ✓ <https://www.skillsyouneed.com/rhubarb/self-confidence-infographic.html>
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